



# R.F.W.M.

## Reaching Faithful Women through Ministry

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### Redemption Fellowship Women's Ministry

**Mission - committed to helping women of all ages and stages of life to understand and proclaim God's Word, pursue Christ and His holiness, and have a passion for God's people, while developing intimate, life-transforming relationships with our Father and other women.**

#### Saint Monica



August 27<sup>th</sup> was feast day for Saint Monica. While we are not catholic and don't recognize their feast days, we do recognize people of great faith. Monica's story sets a good example for parents of today.

She never gave up, she realized that she couldn't do everything on her own and wasn't afraid to ask others. She couldn't make her son Augustine behave in a Christian fashion or to understand the importance of proper conduct but she prayed and when he did convert to Christianity he became one of the church's greatest teachers and philosophers. Saint Monica and Saint Augustine were two of the African saints recognized in the Catholic Church.

I hope this short bio will encourage you to persevere for the good of your family. Monica was born in Tagaste, Africa, in 331. We are told little of her childhood,

but her parents brought her up as Christian. She was in an arranged marriage early in life to Patritius who held an official position in Tagaste. His temper was violent and he appears to have been of dissolute habits. Consequently Monica's married life was far from being a happy one, more especially as her mother-in-law mother seems to have been of a like disposition with her son. There was of course a gulf between husband and wife; her alms deeds and her habits of prayer annoyed him. Monica was not the only matron of Tagaste whose married life was unhappy, but, by her sweetness and patience, she was able to exercise a veritable apostolate amongst the wives and mothers of her native town. They knew that she suffered as they did, and her words and example had a proportionate effect.

Concerning her son Augustine, one bishop told her that she should be consoled because the son of so many tears could not be lost to Christ. Such

occasional consolations gave her new courage to press on. Augustine finally converted and was baptized in the spring of 387. Mother and son spent six months of true peace before her death. Monica did not live long after Augustine's baptism. After a time in Ostia, near Rome, they decided to return to Africa. However, while waiting for passage to Africa, she fell ill with a fever. She died two days later and was buried at Ostia.

Her advice and her powerful example as a wife can be an inspiration and a model for domestic peace and stability. Monica's eighteen years of caring and crying, coupled with continual prayer, speak eloquently of her perseverance and trust in God's providence. Monica did not plead for a miracle; she prayed and sacrificed for the conversion of her son. Her prayers, disappointments, and tears were all means of drawing her closer to God.

~ *First Lady, Renee Higgins*

#### Upcoming Events:

- Church directory pictures - September 22nd through September 25th
- Congregational Meeting - Sunday, October 17th
- Harvest Fest 2010 - Saturday, October 30th from 12 p.m. to 4 p.m.

#### Women's Ministry Fall 2010 Kickoff Fellowship

The Women's Ministry of Redemption would like to invite all ladies to our Fall 2010 Kickoff Fellowship. Due to earlier time conflicts, our kickoff fellowship has been rescheduled for Saturday, October 23rd at 4:30 pm. The location will be announced soon. Please plan to join us and find out what is available to the women of Redemption for the 2010-2011 year. Come share your ideas, connect with other women, and be inspired during this time of encouragement, fellowship, and fun. This evening is designed to allow us to grow in faith and get to know each other better. Refreshments will be served. Also, please mark your calendars for the following upcoming events:

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#### Women's Ministry 2010 - 2011 Event Schedule



- December 4<sup>th</sup> @ 10 a.m.: Decorate the church
- December 11<sup>th</sup>: Christmas Brunch
- February 12<sup>th</sup>: Women's Fellowship
- Spring 2011: Women's Ministry Retreat
- April 23<sup>rd</sup>: Women's Fellowship
- May 2011: Mother's Day Tea



## Featured Lady of Redemption

In each issue, the Women's Ministry will feature one woman from Redemption Fellowship Church. We are a church with many facets of women from different places, of different ages, with different interests, but all with one goal - to serve our God with all our hearts and minds. Here, we attempt to explore our similarities as well as our differences in order for us to get to know each other just a little bit better.

### Mrs. Pam Chisholm

**A little background:** I was born on the Navy Base in Charleston, South Carolina. I am married to Warren Chisholm for 27 years and we have two children. A daughter Nicole age 26 and a son Corry age 20.

**Your occupation?** I work at Stonewall Tell Elementary School. I am the personal secretary to the Principal and the bookkeeper.

**What do you find rewarding about your job?** Helping teachers perform their duties to the utmost. Seeing the students reach their highest level is also rewarding to me. When a student comes by to see me and give me a hug that makes my day.

**What brought you to this church?** Harry and Linda Thomas invited us to Redemption about 8 years ago. We have been members for about 6 ½ years. We enjoy the preaching (teacher) of Pastor Mike and the fellowship.

**Scriptures you live by and how have these scriptures impacted your life?** *Romans 3:23* - For all have sinned and come short of the glory of God. This scripture lets me know that no one is perfect except the father. This lets me know that sin will happen; now what are you going to do about it. Remember that he forgives and disciplines. *Jeremiah 29:11* - For I know the plans I have for you...to give you a future and a hope. How wonderful it is to know that he has a plan for me and that my happiness in his mind and heart. I have a future and it's a great future because it was design by my father. *Matthew 19:26* - With God all Things are possible. All things are possible with God. When we put God first then all things in His will are possible.

**Any special interests?** I love to read and croquet. I love the art of communication. In other words I like to run my mouth. LOL

**What has God taught you about being a woman in the faith?** He has taught me patience, and strength. There were and still are issues in my life that I had and still have to learn to wait and see his glory. He has also shown me that I am not weak but strong.

**Do you have a testimony that you would like to share with the women of Redemption?** Most have heard some of my testimony about the lost of my parents. They died within three months of each other. My father was my heart. I loved my mom but dad was it for me. My mother died first and I can remember telling the Lord that I could handle this but do not take my father, then I said "please". Well who am I? God took my father on the 3<sup>rd</sup> of January. I thought I could not survive this; I hated God and cursed him often all the while going to church. But God placed angels around me such as my husband and close friends. They

prayed when I couldn't and wouldn't pray. Still I became very depressed and headaches were my mode of existence. I know that my dear husband was afraid of what was happening to me and what I could do to the children. Well my close friends called my precious pastor and first lady. They brought just about the whole church to Utah to pray and lay hands on me. Pastor Ransom looked at me and told me exactly what I thought was between me and Lord. He laid hands on me and the Lord release that depression and sadness that night. Now I had to stand on Faith that the headaches were gone and that the Lord knew what he was doing when he decided that it was time for my father to die. I still cry but it is because I miss him not because God did anything wrong. I learned so much about myself and Jesus during and after this time.



**What do you believe God is calling you to do today?** This is a hard one to answer because I want His direction but for right now I don't feel like I know what he wants me to do. I know He is calling me to get healthy, to be active. Age has a way of creeping up on your bones and what use to be easy is hard. So to stay active I feel is something God wants of me.

**Any words of wisdom or encouragement?** I would encourage the women of Redemption to stay watchful and prayerful.

**What ministry are you involved in and what do you find most rewarding about working within this ministry?** Usher Ministry - I love the fellowship. There are some wonderfully faithful and gracious people that I have the privilege of working with.

**What new programs or ministries would you like to see added to our church?** I feel we need a full or part-time Youth minister.

**Any inspirational books?** My last inspirational book was "The Shack" and yes I would highly recommend this book for anyone to read. The book speaks of "forgiveness". It takes a minute to get into it but when you do there are truths to learn and live by.

**What drives you every day?** My husband and my children; I always prayed that the Lord would allow me to see my children graduate from high school and he went over and beyond that prayer. They all challenge me in different ways to change my thinking and move beyond normal. Now I pray that he keeps me in my right mind so that I and my sweet husband can enjoy each other and hopefully some grand children in about 15 years.

## Recommended Reading: *Voices of the True Woman Movement*



**From goodreads.com** - Which voices are you listening to? In a world with so many contradictory and insistent messages, it's hard to know which ones are right, isn't it? In recent decades, a powerful chorus has called out to women—urging us to choose the pathway of independence and self-reliance. Slick advertising and packaging have made the world's offer, like the forbidden fruit in the Garden, appear to be "good... a delight to the eyes... [and] desired to make one wise." In October 2008, over six thousand gathered for the first True Woman conference to hear God's Word and to affirm His mission and purpose for their lives. *Voices of the True Woman Movement* is a collection of messages presented in that conference. As you listen, you'll be inspired to listen to the voice of the One who crafted you to uniquely bear His image as a woman. Discover how a heart tuned to hear God's voice can be transformed to glorify Him and impact those around you for such a time as this. "Who knows whether you have come to the kingdom for such a time as this?" (Esther 4:14, NKJV) Now is the time !!!

## Featured Recipes - Cajun Seasoned Pan-Fried Tilapia & Pan-Seared Trout w/ Italian-Style Salsa

### Cajun-Seasoned Pan-Fried Tilapia

4 (4- to 6-oz.) tilapia fillets  
 1 1/2 to 2 teaspoons Cajun or Creole seasoning  
 3 tablespoons self-rising flour  
 1/2 cup plain yellow cornmeal  
 1 tablespoon butter  
 2 tablespoons olive oil  
 Lemon (optional)  
 Garnish: fresh parsley sprig



Sprinkle fillets with 1 tsp. seasoning. Combine remaining seasoning, flour, and cornmeal. Dredge fillets in flour mixture, shaking off excess. Melt butter with oil in a large skillet over medium-high heat; add fillets, and cook 3 to 4 minutes on each side or until fish flakes with a fork. Squeeze juice from lemon over fillets, and garnish, if desired. Serve immediately.

\* *Cajun-Seasoned Pan-Fried Chicken Breasts*: Substitute 4 (8-oz.) skinned and boned chicken breasts for tilapia. Proceed with recipe as directed, cooking 8 to 10 minutes on each side or until done. Prep: 10 min., Cook: 16 min.

\* *Cajun-Seasoned Pan-Fried Pork Chops*: Substitute 4 (8-oz.) bone-in center-cut pork chops for tilapia. Proceed with recipe as directed, cooking 8 to 10 minutes on each side or until done. Prep: 10 min., Cook: 16 min.

### Pan-Seared Trout With Italian-Style Salsa

6 (6-oz.) trout fillets  
 3/4 teaspoon salt  
 1/2 teaspoon freshly ground pepper  
 4 tablespoons olive oil



Sprinkle fillets with salt and pepper. Cook 3 fillets in 2 Tbsp. hot oil in a large nonstick skillet over medium high heat 1 to 2 minutes on each side or until fish flakes with a fork. Repeat with remaining fillets and oil. Top fish with salsa. Serve immediately.

### Italian-Style Salsa

4 plum tomatoes, chopped  
 1/2 small red onion, finely chopped  
 12 kalamata olives, pitted and chopped  
 2 garlic cloves, minced  
 2 tablespoons chopped fresh parsley  
 1 tablespoon balsamic vinegar  
 1 tablespoon olive oil  
 2 teaspoons drained capers  
 1/4 teaspoon salt  
 1/4 teaspoon freshly ground pepper  
 1/4 cup crumbled feta cheese (optional)

Stir together first 10 ingredients, and, if desired, feta cheese, in a medium bowl. Cover and chill until ready to serve.

*Recipes taken from SouthernLiving.com*

## Fragrant Fruit By Latrice Pace (a devotional taken from streamingfaith.com)

Every moment of the day, each decision you make, every choice and every thought is a chance to produce fragrant fruit. In Paul's letter to the Galatians he passionately gives them counsel on how to live freely and solely motivated by God's Spirit. We often need these types of firm reminders because we are constantly in a struggle, a tug-of-war with The Holy Spirit and our sinful nature. Paul says, look just make it a habit to walk and live in the Holy Spirit. Let it control and guide you in everything you say and do. If you do that, then you are guaranteed to produce fragrant fruit.



Live in me. Make your home in me just as I do in you. In the same way that a branch can't bear fruit by itself but only by being joined to the vine, you can't bear fruit unless you are joined with me. ~John 15: 5

He then warns us of the self-interest root in all of us that is always antagonizing the Holy Spirit, just as the Holy Spirit is always in conflict with our selfish, sinful, rancid fruit nature. In fruit farming, careful attention is given to pollination, fertilization, pruning and pest control. *Pollination/Fertilization*: the transference of pollen by flowers in order to reproduce. Without pollination, flowers may bloom abundantly, but will not bear fruit. *Pruning*: to cut off or cut back to insure the production of high quality fruit. *Pest Control*: the regulation or management of pests because it is perceived to be detrimental to a person's health.

You can just about imagine where I'm going with this. There are times we will come across people who are blooming abundantly, but bearing rancid fruit. They don't have the character/nature of Christ. They need to be fertilized, pruned and controlled by The Holy Spirit.

In Matthew 7 we are given what to look for in false prophets and preachers, but I'd like to think the same would apply to all of us, Wherefore by their fruit ye shall know them. I once heard someone say, no we are not to judge, but we are to be fruit inspectors.

Galatians 5 reveals the inspected results of rancid fruit, which are: moral and spiritual impurity, adultery, fornication, vulgarity, lust, idolatry, witchcraft, hatred, discord, envious rivalry, vengeful anger, rebellion, murder, drunkenness and desiring vain glory. Those who indulge in such will not inherit Christ's will, purpose and intent for their life. They will not manifest his nature.

For the nature of God is love and the foundation of His Word is, Love others as you love yourself. I am convinced that if we produce love, the other fragrant fruits will follow. They all intertwine, one producing the other: joy, peace, longsuffering, gentleness, goodness, faith, meekness and temperance. Make sure our fruit is fragrant and not rancid.

**Scripture:** "Because of Christ, we give off a sweet scent rising to God, which is recognized by those on the way to salvation as a life-giving perfume." - 2 Corinthians 2: 15-16

**A New You:  
Dedicated to providing that which will bring external and internal rejuvenation  
Working It Out - A Testimony of Faith**

I have always thought of myself to be a strong women, wife, and mother. There wasn't anything I felt I could not do. I would carry loads and loads of responsibility because I can never say "no" to anyone. Then in May 2010 my life changed. I realized then that "I" am not capable of doing anything on my own. My husband received a job that places him out of town during the week and me home alone with the kids. I must admit at first I was excited to have time alone to be just mother. School was ending, and the kids would be spending the summer with family. I felt I had time to prepare for the upcoming school year. Yeah, right.



It looked great in the beginning. I was living the life I lived before kids. I had days when I could lie around the house watching a television show (other than Disney), eat a bowl of cereal and not have to cook, and most importantly, have peace and quiet. I would spend some days scrapbooking and hanging out with friends. I even had lunch dates. All the time I was putting off preparing for the upcoming school year. I kept thinking I had time.

In August, when school and work started back, I found myself literally crying every day. I couldn't get it together. It was so unlike me. I thought I must not be getting enough sleep or the kids at school were draining my energy. I still had to go home and help with homework, prepare dinner, and get two little ones ready for the next day. Not to mention the fact I, too, had to eat, grade papers, and get myself ready for the next day. I would try talking to people for help, but not one person seem to understand what I was going through. I just kept crying. Then one day, the Lord spoke to me and said to give him a few minutes of my time. In the middle of the chaos, I heard the Lord. I began to pray after reading Philippians 4:4-7. God had to show me that I had to almost lose myself before I could turn to him for help. I couldn't do anything but ask for forgiveness. I thought I was superwomen. God told me I am just a child needing help. I will tell you this. My life has been better because of it. I no longer, in my short time, cry myself to sleep. I have the energy I need for my family in the evenings. God has shown me ways to get through each day, and they work. Hallelujah! I truly love the Lord for He absolutely "heard my cry and pitied every groan."

*Signed: Someone leaning on God*

**Philippians 4: 4-7:** Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

*Trust in the LORD with all your heart and lean not on your own understanding, - Proverbs 3:5 (NIV)*

*"... pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective."*  
*James 5:16*



**Prayer Requests:**

Our prayers go out to our church members, family members, and friends who are in need of healing, comfort, and faith. We also take this opportunity to pray for continued growth in our church - in spirit, in finances, and in body. Continue to keep Redemption Fellowship Church in your prayers as God guides us in our search for a new pastor. Pray for Pastor Mike and Mrs. Renee as they prepare to go to the next place that God is sending them. Pray that God continues to bless all that they touch as they continue to do His work. May all who meet them be as blessed as we have been for the last ten years.

**Reminders:**

- Prayer Vigils - Friday, September 3rd and Friday, October 1st from 6 p.m. to 8 p.m.
- Labor Day 2010 will be celebrated on Monday, September 6th.
- Mentoring continues on Saturday, September 18th and Saturday, October 16th.
- H.O.T. D.O.N.U.T.S. will take place on Sunday, September 26th and Sunday, October 24th at 6 p.m.
- Columbus Day is observed on Monday, October 11th.
- Youth Explosion takes place on Sunday, October 17th. Contact Raymonde Neely for more information.



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*Redemption Fellowship Women's Ministry*  
For additional ministry info, please  
visit our church website at  
[www.redemptionfellowship.org](http://www.redemptionfellowship.org)